Your Household's Next Seven Days

Six pillars. A useful place to begin.

THE SIX PILLARS

Spiritual: convictions, reflection and endurance. Household: care, roles and communication. Economic: money, obligations and income. Practical: useful skills and essentials. Community: trusted help. Legacy: records, values and those who depend on you.

DAYS 1-3

Day 1: share one honest observation about the household. Day 2: choose one important gap, without trying to fix everything. Day 3: gather the information needed for a small action. Choose the gap by urgency, affordability and capacity, not only a score.

DAYS 4-7

Day 4: complete the action. Day 5: practice a handoff or use. Day 6: ask one trusted person for appropriate help. Day 7: review what changed and choose the next action.

A SIMPLE EXAMPLE

A family discovers only one person knows the pickup plan. It writes two contacts, agrees on a meeting point and practices a short handoff. A single adult can adapt the same exercise to a trusted contact and essential records. This is education, not a safety certification.

PUT IT TO WORK

Your working page

Use this page privately. Write one decision you can explain, one action you can complete and a date to return to it.

The situation I want to address

The facts or resources I already have

What is still an assumption or missing information

The next useful action and its limit

Who needs to know or can appropriately help

My review date and what I will check