The Discernment Field Notes

A five-question check before the next share.

FIVE QUESTIONS

What is the exact claim? Where is the original source? When did it happen and when was the source published? What does the evidence establish? What is an interpretation, assumption or prediction?

BRING IT HOME

Identify a real effect on work, money, access, privacy, family or daily habits. If there is no clear household effect, the useful action may be to keep learning rather than react immediately.

RESPOND WITH PROPORTION

Choose an action that remains sensible if the dramatic prediction is wrong. Read a primary document, check an account setting, discuss a family plan or ask a qualified person. Do not turn uncertain information into a demand for panic.

REVIEW WITH HUMILITY

Record the claim, source, known facts, unknowns, action and review date. Correct what proves wrong. Christian conviction and careful evidence should inform how we speak, especially when people are afraid.

PUT IT TO WORK

Your working page

Use this page privately. Write one decision you can explain, one action you can complete and a date to return to it.

The situation I want to address

The facts or resources I already have

What is still an assumption or missing information

The next useful action and its limit

Who needs to know or can appropriately help

My review date and what I will check